

# Becoming an Energy Hero



# Our team



Ville  
Pellinen



Sumi  
Moon



Ásta  
Ágústsdóttir



Shreya  
Sood

“ We have systematically sought to reduce our oil consumption  
...  
we [therefore] think oil consumption is really reasonable and  
we hope that there will be no need to renew the whole  
system for such an old house with expensive money when  
the next owner is likely to demolish it. ”

-Anonymous oil-heater respondent from questionnaire

# Research Methods



## Expert Interviews

Commissioner workshops  
and interviews, Omakotiliitto  
Lämmitysenergia Yhdistys  
Kela, ARA, The Finnish  
Climate Change Panel



## Desk Research

Domestic & international regulation.  
Domestic & International cases  
Energy transition studies



## Cultural Probes

Remote interviews with residents  
Oil-heater diaries



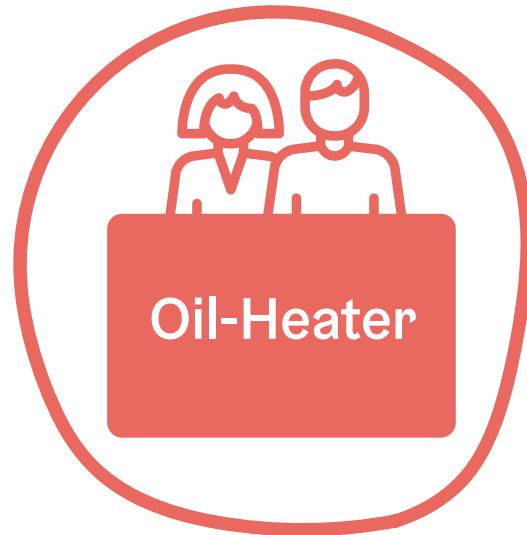
## Questionnaire

3774	Answers in total
959	Oil-heaters
763	Ex-oil-heaters
2052	Non-oil-heaters
24	Multiple-choice questions
7600	Rows of open text answers

# Household types



# Household types



# Who are the oil-heaters?

**60%**

are **older than 60**

**70%**

emphasize **financial aspects**  
when choosing heating solutions

**90%**

perceive their house's value to  
**remain stable or decrease**

**60%**

**have considered** switching to  
an alternative heating solution

# How do **they** differ from the ones who have **already transitioned?**



**Oil-Heater**

**vs.**



**Ex-Oil-Heater**

## How do **the oil-heaters** differ from the ones who have **already transitioned**?

**60%**

**vs.**

**12%**

**haven't chosen** the heating  
solution themselves

# How do **the oil-heaters** differ from the ones who have **already transitioned**?

**70%** vs.

**59%**

**are ready to invest  
less than 10 000 €  
to a new heating  
solution**

**invested more  
than 10 000 €  
to a new heating  
solution**

## How do **the oil-heaters** differ from the ones who have **already transitioned**?

**85%**

**vs.**

**75%**

**are aware** of the government's  
post-oil transition aims

## How do **the oil-heaters** differ from the ones who have **already transitioned?**

50%      vs.      11%

**would need** public subsidies for  
the heating transition

# **Barriers & Enablers for the heating transition**

**Financial**

**Technical & Process**

**Knowledge & Values**

**Regulatory & Markets**

# Key barriers

## Financial

- Lack of financial incentives
- Insufficient funds & financing

## Technical & Process

- Uncertainty of alternative solutions
- Complex renovations

## Knowledge & Values

- Don't know what to do
- Lack of peer support & recommendations

## Regulatory & Markets

- Lack of quality guarantees
- Waiting for the right timing

# Enablers

## Financial

- Lack of financial incentives
- Insufficient funds & financing

## Technical & Process

- Uncertainty of alternative solutions
- Complex renovations

## Knowledge & Values

- Don't know what to do
- Lack of peer support & recommendations

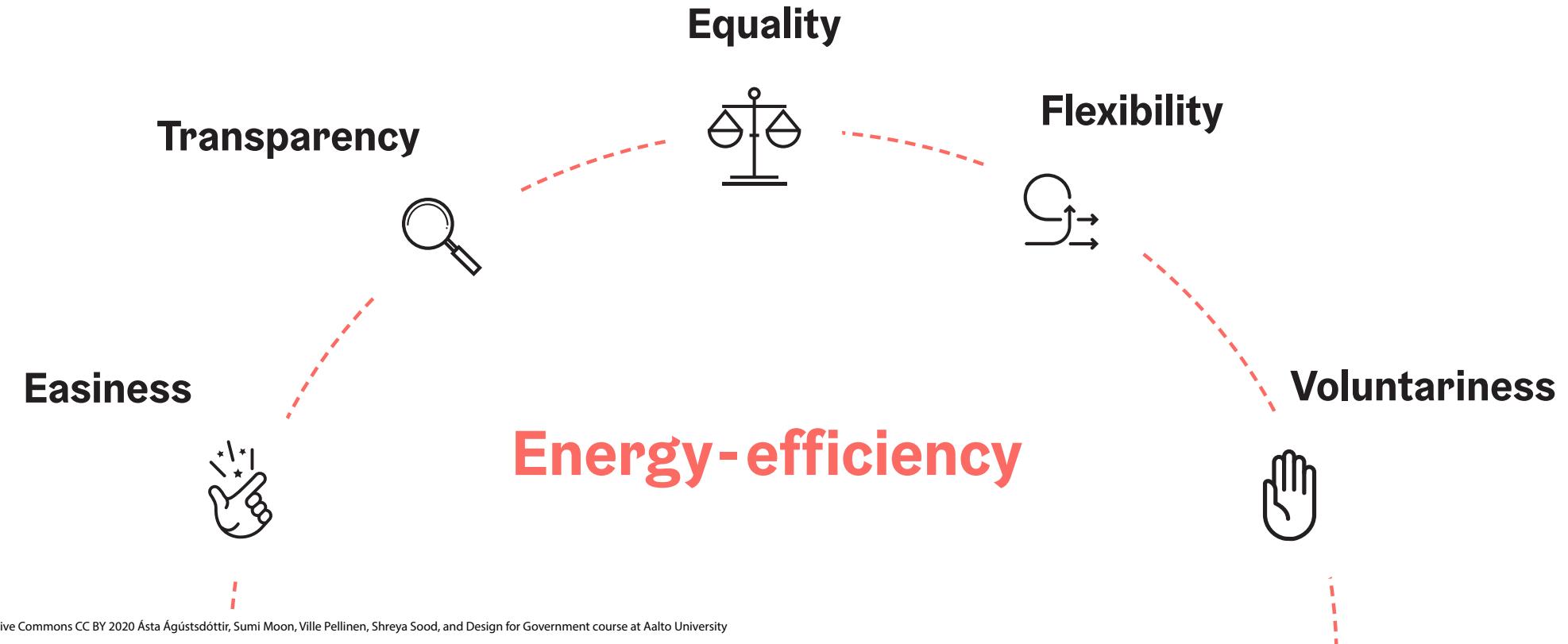
## Regulatory & Markets

- Lack of quality guarantees
- Waiting for the right timing

# Key Insight

Most residents are willing to transition to a different means of heating to save costs in the long-term but lack certainty and trust regarding the available options.

# Aims of the proposal



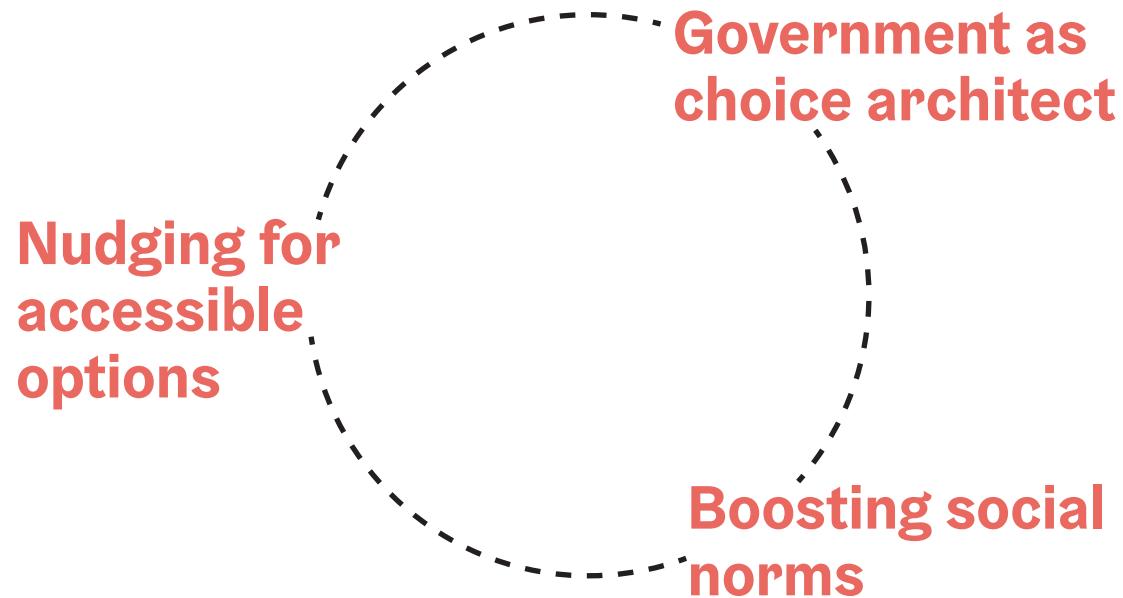
# Roadmap

Energy  
Efficiency

Post-oil  
transition

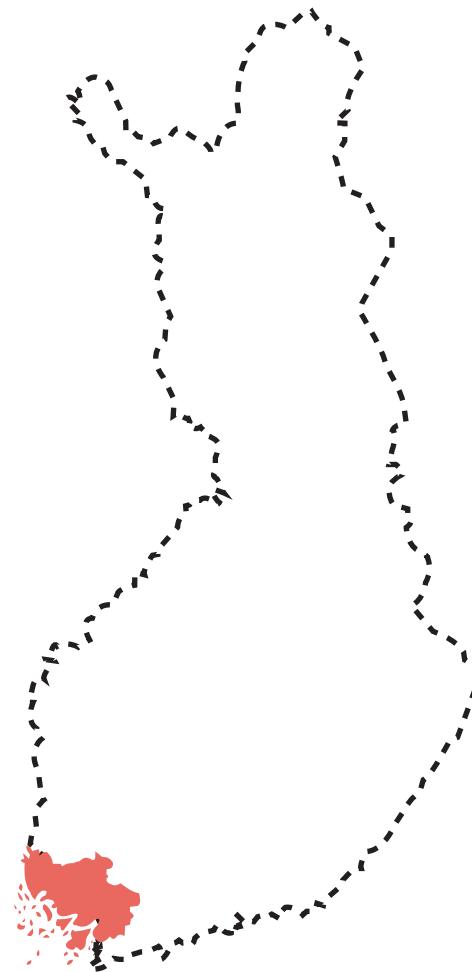
Carbon  
neutrality

# How do we get there?



# Regional pilot

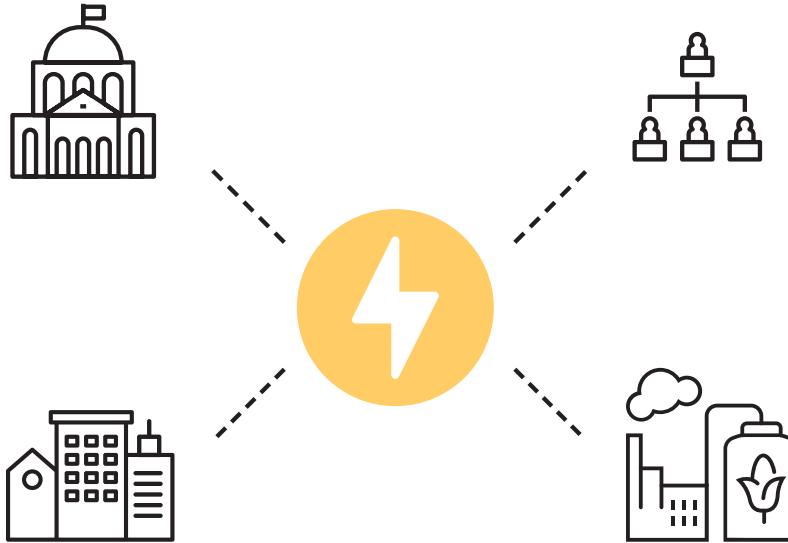
Varsinais-Suomi



# Role of stakeholders

## Government

- Pilot plan & revise
- Platform provider
- Financial support
- Energy-efficiency measurement



## Municipalities and region

- Pilot & Platform management
- Auditing control
- Managing the 3rd parties for building trust

## Associations

- Sharing information
- Invitation managing

## Energy providers, Solution providers, and Grid companies

- Provide different energy sources and energy solutions

# Overview of the journey

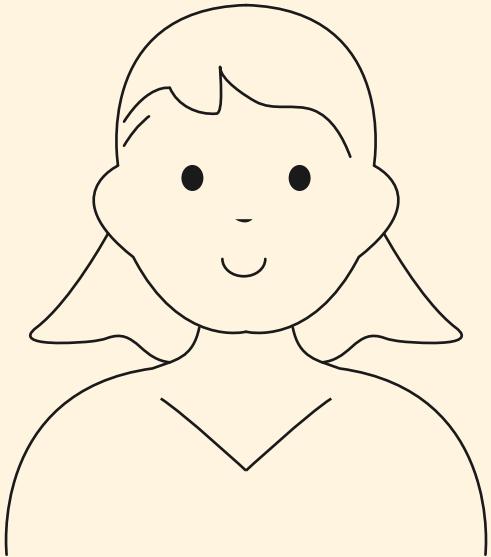




# EnergyHero

Journey to becoming an Energy Hero

# Introducing Vivi



**Age:** 60 yrs

**Financial status:** Pension

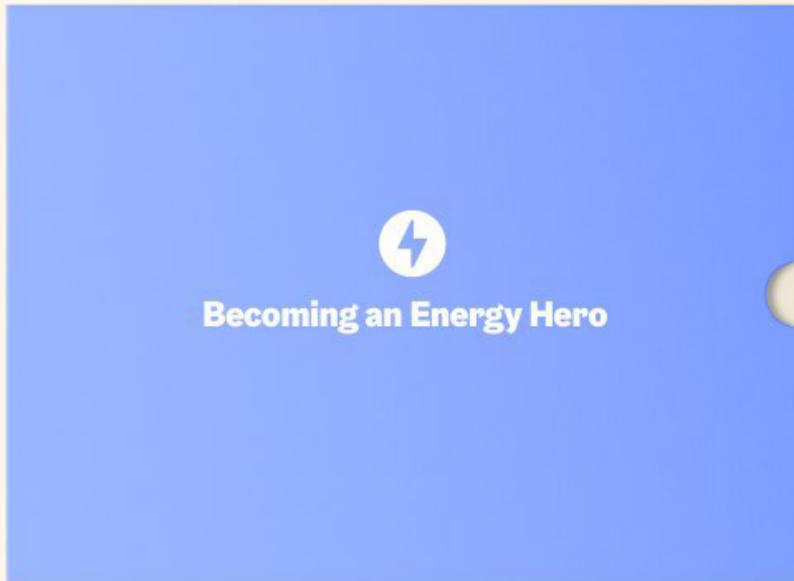
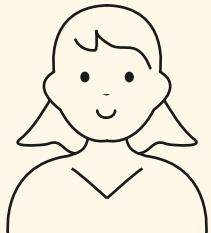
**House type:** Detached house

**Location:** Salo

**Perception about transition:** Aware  
but hesitant

# Step 1

## Invitation



### Invitation to be an Energy Hero

Wouldn't you be a Hero  
for your neighbors and family?  
A one-time investment in energy efficiency  
pays itself back for  
both yourself and the community.

You will help not only shift Finland  
towards a low-carbon future,  
but also get lower bills  
for heating, air conditioning, hot water,  
and lighting in your household.

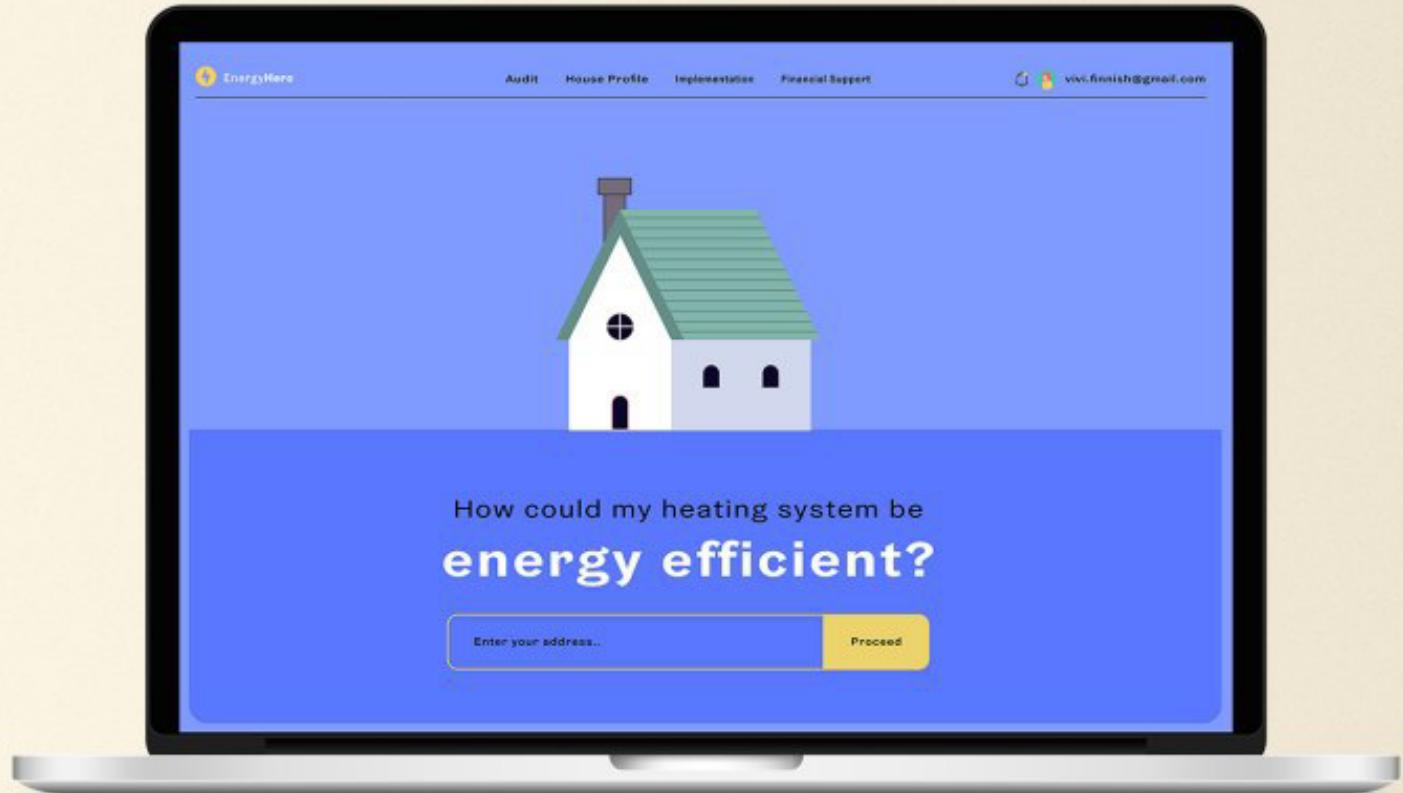
[www.becoming-energy-hero.fi](http://www.becoming-energy-hero.fi)



Ministry of the Environment  
Ministerial Decree  
Ministry of the Environment

# Step 2

## Introduction



# Step 3

## Audit



EnergyHero

Audit House Profile Compare

vivi.finnish@gmail.com

Housing situation

Dwelling type \_\_\_\_\_ Total floor area \_\_\_\_\_

Heating source \_\_\_\_\_ Supplier \_\_\_\_\_

Number of occupants \_\_\_\_\_ Years of residence \_\_\_\_\_

Assessment

Date of assessment \_\_\_\_\_ Type of assessment \_\_\_\_\_

Practicalities

Estimated heating bills for the last 3 years \_\_\_\_\_ Attach Files

Do you have a pension plan \_\_\_\_\_ Attach Files

House Ownership documents \_\_\_\_\_ Attach Files

How are your neighbours doing?

84% Successful Registrations

Ground source 40 %

Air source 18 %

Insulation 26 %

Know More

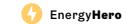
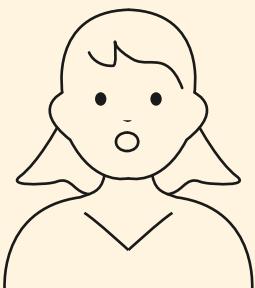
Support 24/7 Contact us anytime

Start

# Step 4

## House Profile

Choice architecture of proposed actions, nudging towards the most desired call of action.



### House Profile



17 Any Street District Any town FI 1234	Dwelling type: Detached house	Reference number: ABC-0123-4567-8900
	Date of assessment: 09 November 2020	Type of assessment: 165 m <sup>2</sup>
	Date of profile: 12 November 2020	Total floor area: Self via website

#### Top actions you can take to save money and make your home more efficient

Possible measure	Typical Cost (in Euros)	Covered in Hero Package
1. Enhance insulation	4000-6000	✓
2. Install a ground source heat pump	15000-20000	✓
3. Install an air source heat pump	2000-3000	✗
4. Renovating windows and doors	10000 -15000	✓

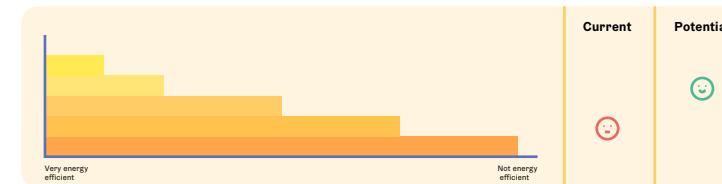
✓ Highly recommended    ✗ Moderately recommended    ✽ Recommended

We highly recommend you to enhance the insulation of your house and install a Ground-source heat pump to maximize your energy efficiency.

#### Estimated monetary savings upon switching to Ground-source heat pump and improving insulation

Estimated energy bills for 5 years with current solution	10,000 e
Estimated energy bills for 5 years with recommended solution	5,000 e
Over 5 years you could save	5,000 e

#### Estimated energy efficiency upon switching to the recommendation



# Choice architecture of proposed actions

## Top actions you can take to save money and make your home more efficient

Possible measure	Typical Cost (in Euros)	Covered in Hero Package
1. Enhance insulation	4000-6000	✓
2. Install a ground source heat pump	15000-20000	✓
3. Install an air source heat pump	2000-3000	✓
4. Renovating windows and doors	10000 -15000	✓

✓ Highly recommended

✗ Moderately recommended

○ Recommended

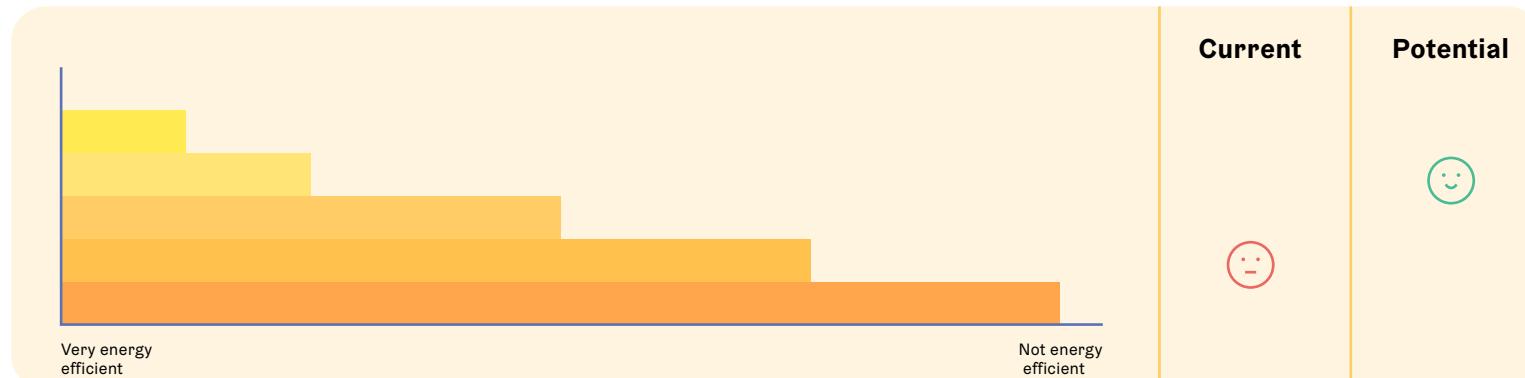
We highly recommend you to enhance the insulation of your house and install a Ground-source heat pump to maximize your energy efficiency.

# Nudging towards the most desired call of action

## Estimated monetary savings upon switching to Ground-source heat pump and improving insulation

Estimated energy bills for 5 years with current solution	10,000 e
Estimated energy bills for 5 years with recommended solution	5,000 e
Over 5 years you could save	5,000 e

## Estimated energy efficiency upon switching to the recommendation



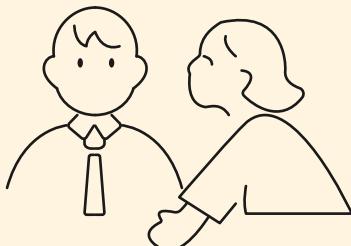
# Step 5

## Financial and implementation support



# Step 6

## Compare



EnergyHero

Audit House Profile Compare

vivi.finnish@gmail.com

### Carbon emissions

Comparison of carbon emissions in from December 2021 to December 2023

Ground source (Green line)  
Oil Heating (Red line)

Year	Ground source (e)	Oil Heating (e)
2021	20	30
2022	18	32
2023	22	50

### Practicalities

Money saved in the year 2022 based on average usage

Category	Amount (e)
Cooking	50
Heating	100
Space Heating	500

How are your neighbours doing?

Great (Two smiling icons)  
Good (One smiling icon)  
More than average (None)

YOU

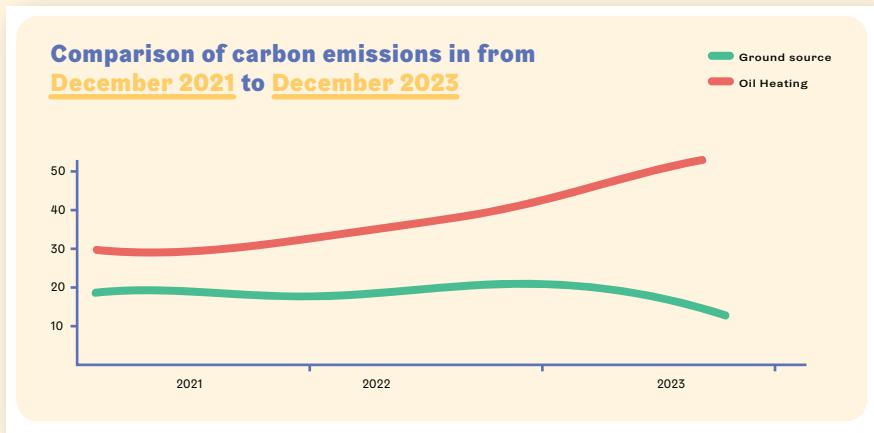
Last month neighbour comparison

You used 14% MORE than your efficient neighbour

Category	Usage (e)
Efficient Neighbours	100
YOU	114
All Neighbours	120

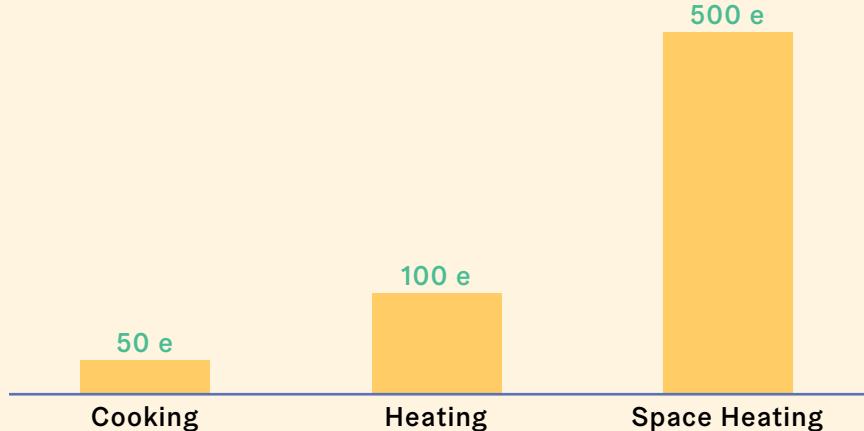
Know More

# Carbon Emissions

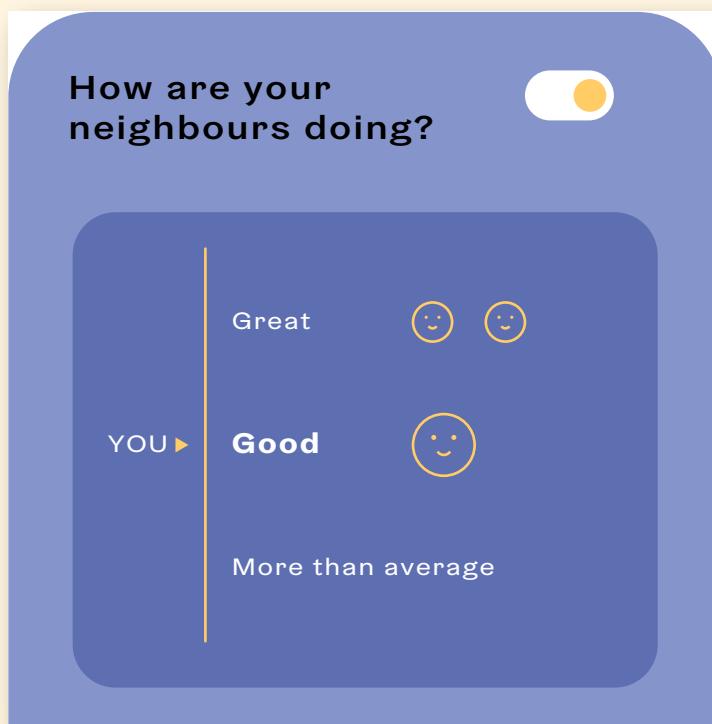


# Savings

**Money saved in the year 2022 based on average usage**

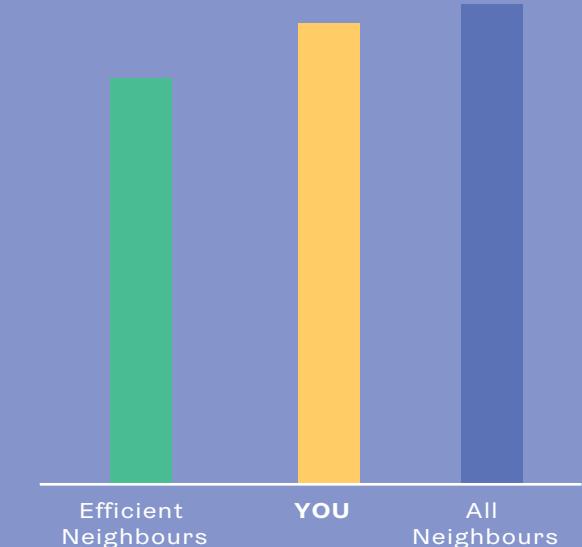


# Comparison with neighbours to boost social norms



Last month neighbour comparision

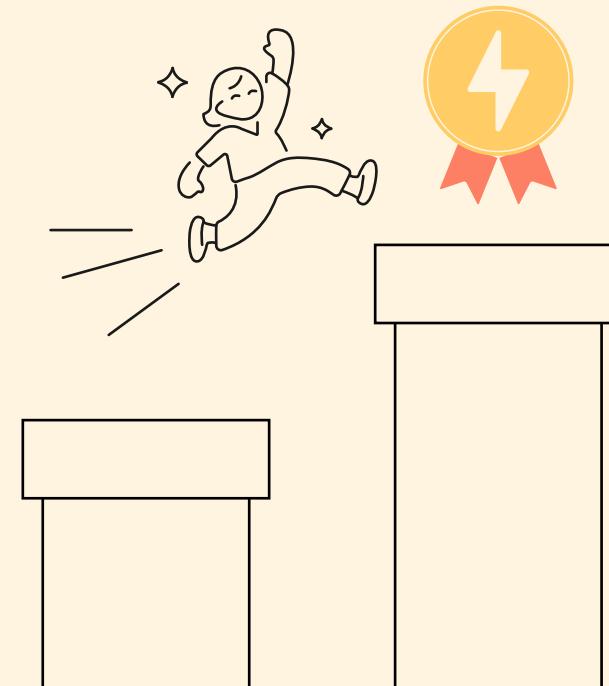
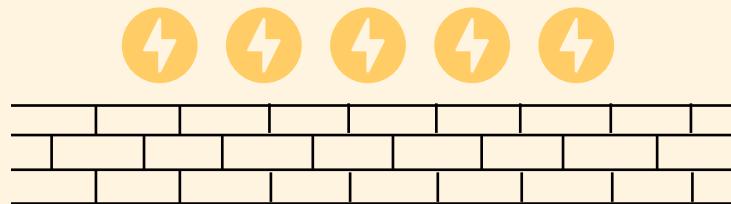
You used 14% MORE than your efficient neighbour



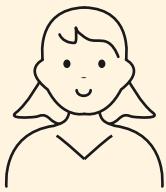
[Know More](#)

# Step 7

## Become an Energy Hero



# Vivi's Story



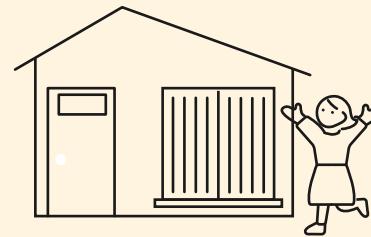
Gets an invitation



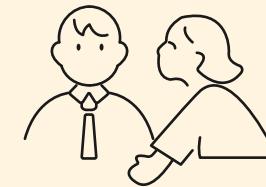
Introduction to energy hero



Does the self-audit



Upgrades the insulation



Compares her impact



Shares success stories

# Timeline

## Starting pilot



6 months

### Most crucial for the project

- Identify houses with oil heating
- Choose motivated people for pilot
- Find ambassadors willing to share their experiences

### Desired impact

- Starting the pilot
- Awareness and increased trust from the residents

## Pilot results



12 months

### Most crucial for the project

- Scaling up to a national level
- Learning and adapting from pilot

### Desired impact

- 30% of households from pilot will have transitioned and 50% in process of transitioning
- Recruited 10-20 ambassadors from pilot group

## Outcomes



5 years

### Most crucial for the project

- Concrete results
- Just transition for all residents

### Desired impact

- 50% of households transitioned to alternative energy source
- 30% done energy efficiency improvements to house or in process of transitioning
- Happy residents



# Energy Hero

Invitation

Auditing

Profile

Compare

Success story

## WHY it's good for the Government

- Build trust
- Voluntary participation
- Achieve post-oil-transition

## WHY it's good for the residents

- Guaranteed quality
- Choose a feasible solution
- Achieve long-term benefits